

Almindso-stafetten 2009

3 x 4 km Børn : Dreng 8-11 år

Nr	HoldNr	Holdnavn	1. løber	0 - 4 km	2. løber	4 - 8 km	3. løber	8 - 12 km	Total
1	523	Turboboyz	Emil Nielsen	00:17:58	Anders Frandsen	00:18:11	Peter Krath	00:18:34	00:54:42
2	518	Los Chicos	Willam Winkler	00:18:26	Niklas Dalsgaard	00:19:46	Kristian Corvalan	00:18:14	00:56:26
3	517	Gødvadskolen 5.a drenge	Thomas Santos Christens	00:17:35	Jeppe Borg Høj	00:19:51	Thomas Santos Christens	00:19:32	00:56:58
4	557	Virklund Skole 5. a - Løberne	Anders	00:18:09	Victor M.	00:18:05	Kasper	00:20:45	00:56:59
5	514	De tre turboer	Emil Koch	00:18:09	Rune Amstrup	00:20:13	Phillip Wolff	00:20:16	00:58:37
6	512	5B Sejs/Svejbæk	Andreas Brix	00:19:15	Frederik Kjærulff Skjellerup	00:21:12	Mads Würglær Hansen	00:18:53	00:59:18
7	519	Minispurterne	Nicolaj Green Jensen	00:20:24	Kasper Gade Andersen	00:19:25	Andreas Søndergaard Mo	00:19:57	00:59:45
8	552	Virklund Skole 4. a/b - Turbo boys	Victor	00:21:29	Kalle	00:18:40	Victor/kalle	00:19:39	00:59:47
9	556	Virklund Skole 4. b - The black boys	Marcus	00:21:12	Jacob Ø. P.	00:19:02	Emil	00:19:37	00:59:50
10	562	Virklund Skole 5. b - Milkshakebomberne	Alexander F	00:20:50	Jacob J	00:19:20	Ruben	00:19:46	00:59:55
11	558	Virklund Skole 5. b - Spørgsmålstegnene	Esbén	00:19:56	Mathies	00:18:23	Victor B.	00:21:44	01:00:03
12	402	Gjessø SFO 2	Marcus Bak Laursen	00:19:48	Daniel Holm Jensen	00:20:25	Mikkel Dollerup	00:21:25	01:01:36
13	563	Virklund Skole 5. b - Team Sjullerbab	Mathias	00:21:22	Sophus	00:20:57	Thomas	00:19:58	01:02:16
14	561	Virklund Skole 3. b - Hakkerne	Alexander F	00:21:59	Christopher V	00:22:02	Thomas	00:20:24	01:04:23
15	525	Vestre Fritidsklub 3	Magnus Moeslund	00:25:15	Sebastian Flindt Nielsen	00:20:54	Carl Christian Møller Thie	00:18:54	01:05:02
16	548	Virklund Skole 5. b - Geparderne	Mikkel	00:20:21	Birka	00:24:15	Emil	00:21:02	01:05:36
17	565	Gjessø SFO 7	Asbjørn H. Andersen	00:19:46	Mikkel Dollerup	00:23:03	Marcus Bak Laursen	00:23:34	01:06:22
18	521	Team CAJ	Jeppe Platz Schmidt	00:20:31	Asger Thinggaard Larsen	00:23:11	Christian Farstad	00:22:41	01:06:22
19	520	Skægkær 5.b Team-work	Jonas Vinther	00:23:06	Natascha Agerholm	00:19:51	Mikkel Kaas	00:24:18	01:07:14
20	538	Virklund Skole 2. a/b - Smørklatten	Anne	00:24:27	Lasse L. E.	00:19:35	Nicolai	00:25:09	01:09:09
21	543	Virklund Skole 3. a - Lakridssnørerne	Jonas	00:25:14	Pil	00:23:43	Oliver	00:20:49	01:09:45
22	559	Virklund Skole 5. a - Svalerne	Line	00:21:57	Sarah	00:26:14	Jacob	00:22:02	01:10:13
23	537	Virklund Skole 2. a - Optimisterne	Lasse Lemor	00:20:07	Mathias	00:24:41	Niels-jakob	00:26:03	01:10:50
24	551	Virklund Skole 4. a - No name	Lasse	00:23:29	Philip	00:24:44	Per	00:23:22	01:11:35
25	545	Virklund Skole 3. a - Vingummibamserne	Emil L.	00:29:19	Magnus	00:22:17	Rasmus K.	00:20:45	01:12:20
26	544	Virklund Skole 5. b - Slush Ice	Jakob S. R.	00:25:21	Nanna B.	00:28:15	Rasmus C.	00:20:04	01:13:39
27	549	Virklund Skole 3. b - Salt og peber	Søren	00:23:05	Emma	00:26:55	Martin	00:24:06	01:14:05
28	511	Gjessø SFO 3	Andreas N. Arendt	00:22:24	Marcus Bøje Fabrin	00:30:05	Keven Bak Sørensen	00:21:38	01:14:06
29	560	Virklund Skole 5. a - Ugleme	Søren	00:27:34	Rasmus	00:24:31	Jacob	00:22:41	01:14:44
30	553	Virklund Skole 4. b - Barca	Caroline	00:27:07	Cecilie	00:26:53	Oscar	00:20:59	01:14:57
31	524	Vestre Fritidsklub 1	Simon Nielsen	00:24:29	Simon Oscar Rediin	00:26:06	Alexander Vejlgård Kriste	00:25:49	01:16:23
32	515	Falck silkeborg Junior	Mathias Baastrup	00:20:26	Maria Nissen	00:20:16	Gustav Svane	00:36:02	01:16:42
33	513	Bonus	Marcus Gert	00:28:13	Karoline Andersen	00:22:30	Rasmus Sørensen	00:26:02	01:16:44
34	539	Virklund Skole 2. b - De røde heste	Sebastian	00:24:50	Mads R.	00:28:01	Andreas	00:25:15	01:18:05
35	522	The Froggys	Kasper Rosenkvist	00:23:15	Maja Overbye Knudsen	00:23:28	Mikkel Illemann	00:31:51	01:18:33
36	550	Virklund Skole 4. a - Cobra	Sofie	00:29:56	Sissel	00:25:21	Mathias	00:24:31	01:19:47
37	542	Virklund Skole 3. a - Candy floss	Nanna C.	00:25:16	Frederik	00:27:53	Mikkel H.	00:27:09	01:20:17
38	540	Virklund Skole 2. b - Magungerne	Axel	00:31:42	Kristian L.	00:26:44	William	00:21:57	01:20:22
39	554	Virklund Skole 4. b - De løbende sko	Ida L.	00:27:47	Kristina	00:24:48	Gustav	00:27:50	01:20:24
40	529	Virklund Skole 3. a - M & M's	Jacob O.	00:20:47	Alberte	00:28:17	Emil D.	00:32:54	01:21:57
41	532	Virklund Skole 1. b - Leoparderne	Emma T.	00:23:44	Jakob	00:29:50	Emma K.	00:28:35	01:22:08
42	564	Virklund Skole ekstra	X	00:31:55	Y	00:29:40	Z	00:22:30	01:24:05
43	530	Virklund Skole 1. a - Panterne	Frederik C.	00:32:03	Lærke	00:28:14	Ida A.	00:24:25	01:24:42
44	547	Virklund Skole 3. b - De sjove aber	Lasse T. N.	00:31:28	Lau	00:24:43	Thea M. J.	00:28:38	01:24:48
45	546	Virklund Skole 3. b - De seje kokosnødder	Christoffer	00:23:11	Kristoffer	00:30:24	Lasse S.	00:31:45	01:25:19
46	536	Virklund Skole 2. a - Humørklubben	Frederik	00:24:50	Naja	00:29:29	Daniel	00:32:21	01:26:39
47	527	Gjessø SFO 6	Mathilde Isager Jensen	00:25:38	Andreas B. Laursen	00:25:23	Anni S. Tarbensen	00:35:48	01:26:48
48	541	Virklund Skole 2. b - Spurterne	Albert	00:32:46	Søren	00:25:49	Kristian S.	00:28:36	01:27:10
49	531	Virklund Skole 1. a/b - Gazellerne	Ida H.	00:29:24	Niels	00:27:23	Oscar	00:30:31	01:27:17
50	555	Virklund Skole 4. b - Lynkineserne	Mathias	00:27:07	Julie	00:35:40	Jacob D. L.	00:26:38	01:29:24
51	534	Virklund Skole 1. c - Lynet	Rikke	00:29:15	Mikkel	00:32:22	Jannie	00:27:53	01:29:28
52	528	Virklund Skole 1. c - Det hurtige hold	Victor	00:29:04	Katrine U.	00:31:03	Katrine D.	00:32:05	01:32:11
53	526	Virklund Skole 2. b - Racerbilerne	Maria	00:32:16	Jacob	00:28:14	Marcus M.	00:39:15	01:39:44
54	566	Virklund Skole 1. c - Søløverne	Marc	00:40:54	Mia	00:36:33	Katrine N.	00:26:18	01:43:44
55	533	Virklund Skole 1. c - De seje	Alberte	00:37:56	Emil	00:33:19	Sarah		
56	535	Virklund Skole 1. c - Rappe fødder	Clara	00:25:39	Jeppe		Michelle/mathilde		

Almindsø-stafetten 2009

3 x 4 km Børn : Drengene 12-14 år

Nr	HoldNr	Holdnavn	1. løber	0 - 4 km	2. løber	4 - 8 km	3. løber	8 - 12 km	Total
1	580	Team Sejs	Jakob Meldgaard	00:16:29	Emil Laursen	00:16:35	Mathias Strange	00:17:48	00:50:51
2	574	MIF 96/97	Simon Platz Schmidt	00:18:19	Aske Munch	00:16:30	Emil Søgaard Jensen	00:16:11	00:50:59
3	573	Guld Treeren	Frederik Rasmussen	00:17:48	Frederik Nedergaard	00:18:08	Jacob Overby	00:15:14	00:51:09
4	578	Team Jiyo	Valdemar	00:17:19	Mathias Mikkelsen	00:17:55	Frerderik	00:18:11	00:53:25
5	576	SAK 77 D1	Jonas Gadegaard	00:17:47	Tobias Seindal	00:19:07	Rasmus Terkelsen	00:18:28	00:55:21
6	583	Virklund Skole 6. a - MSL	Martin	00:15:52	Simon R.	00:20:04	Lasse	00:21:40	00:57:35
7	567	Adidas Børneteam	Mathias Svarre	00:17:36	Caroline Svarre	00:23:13	Tobias	00:18:15	00:59:03
8	581	Virklund Skole 6. b - Virklund Rabbits	Frederik	00:18:24	Morten	00:23:48	Laurits	00:17:35	00:59:46
9	569	FC Silkeborg U14 drenge Hold B	Dennis	00:19:03	Laurits	00:19:42	Rasmus R	00:22:02	01:00:46
10	579	Team Kornmod	Frederik Flyvholm	00:22:44	Johannes Kocheise	00:20:34	Christian Sundtoft Eller M.	00:18:40	01:01:57
11	585	Virklund Skole 6. a - ØHHH - hvad???	Lucas	00:20:25	Juliane	00:18:49	Lucas	00:23:29	01:02:41
12	591	Virklund Skole -7. y Team Easy run	Sander	00:19:27	Andreas	00:23:17	Martin	00:22:21	01:05:03
13	588	Virklund Skole 7. x - spurterdronningen + hoffolk	Mikkel G.	00:20:25	Emma	00:23:28	Anton	00:21:17	01:05:09
14	571	FC Silkeborg U14 drenge Hold D	Peter	00:21:11	Mikkel	00:19:28	Mathias	00:25:10	01:05:47
15	568	FC Silkeborg U14 drenge Hold A	Boris	00:27:20	Oskar	00:20:33	Victor	00:18:54	01:06:46
16	575	Run T.H.	Ann-sofie Hoffmann Grøn	00:26:20	Andreas Skovbo-bech	00:21:38	Frida Videbæk Andersen	00:19:27	01:07:24
17	586	Virklund Skole 6. b - Virklund Torpedoes	Jesper	00:28:28	Tobias	00:21:00	Marcus	00:19:43	01:09:10
18	587	Virklund Skole 7. x - Matadormix	Jacob	00:21:26	Marcus	00:27:20	Mette	00:21:45	01:10:31
19	589	Virklund Skole 7. x - Team sneglefart	Regitze	00:25:22	Mikkel S.	00:22:44	Malthe	00:26:53	01:14:58
20	590	Virklund Skole 7. y - Knalperleerne	Andreas T.	00:26:48	Mette	00:27:23	Sander	00:21:56	01:16:06
21	570	FC Silkeborg U14 drenge Hold C	Kristoffer S	00:21:43	Tobias	00:39:04	Ali	00:26:31	01:27:17
22	582	Virklund Skole 6. a - Bentley	Niels	00:26:59	Zagler	00:22:30	Martin	00:46:37	01:36:05
23	584	Virklund Skole 6. a - Unknown	Pernille	00:36:34	Signe	00:21:30	Simon R.	00:38:18	01:36:22

Almindso-stafetten 2009

3 x 4 km Børn : Piger 8-11 år

Nr	HoldNr	Holdnavn	1. løber	0 - 4 km	2. løber	4 - 8 km	3. løber	8 - 12 km	Total
1	604	Team Sejs/Svejbaek	Louise Høj Jensen	00:18:18	Sara Nissen Olsen	00:18:24	Katrine Andersen	00:18:49	00:55:30
2	597	Silkeborg P&D 1	Liv Thomsen	00:19:03	Josephine Møller	00:19:58	Sara Jakobsen	00:19:09	00:58:09
3	598	Silkeborg P&D 2	Cecilie Lund	00:20:25	Annesofie Pedersen	00:19:27	Emma Hornum	00:20:40	01:00:31
4	617	Virklund Skole 5. b - Guldtøserne	Marie Louise	00:25:17	Sandra	00:18:44	Sofie	00:21:18	01:05:18
5	599	Silkeborg P&D 3	Nikoline Bjørn Knudsen	00:21:21	Emilie Hollaender Jakobse	00:22:25	Mathilde Freltofte Jørgens	00:21:42	01:05:27
6	603	Superpigerne 4C	Kathrine Papsø	00:21:32	Ida Tvede	00:20:34	Caroline Aarslev	00:23:29	01:05:33
7	600	Silkeborg P&D 4	Stine Mikkelsen	00:21:07	Mia Nielsen	00:23:41	Emma Kyed Bennedsen	00:22:55	01:07:41
8	602	Silkeborg P&D 6	Selma Skytte Filyo	00:23:02	Laura Didriksen	00:21:55	Silja Helen Sørensen	00:23:14	01:08:10
9	594	SAK 77 P3	Emilie Vejgaard	00:22:12	Anne Sofie Herskind	00:21:15	Claire M Schmidt	00:24:45	01:08:11
10	596	SaRiSi	Sarah Papsø	00:20:38	Rikke Trosborg	00:26:04	Simone Winther	00:21:45	01:08:25
11	595	SAK 77 P4	Signe Svendsen	00:24:21	Ulrikke L Andersen	00:22:08	Emma M Schmidt	00:24:13	01:10:41
12	601	Silkeborg P&D 5	Signe Bauenmand	00:23:02	Ruth Bank Johnsen	00:23:21	Elina Hagemann Markuss	00:25:07	01:11:29
13	618	Virklund Skole 5. b - Wiensneglene	Ida Emilie	00:23:17	Mette	00:20:47	Caroline	00:28:00	01:12:03
14	609	Virklund Skole 3. b - De lilla bananasplitter	Thea S.	00:20:54	Sara	00:27:16	Selma	00:24:57	01:13:06
15	593	LM-kids	Nikolai Kastbjerg	00:24:04	Maria Aagaard	00:24:24	Laura Mortensen	00:25:59	01:14:25
16	616	Virklund Skole 5. b - De lynhurtige kænguruer	Emma	00:25:17	Ida Emilie	00:23:39	Kathrine	00:26:15	01:15:10
17	613	Virklund Skole 4. a - Lynet	Klara	00:30:05	Line	00:24:16	Signe	00:24:03	01:18:23
18	606	Vestre Fritidsklub 2	Anne Sofie Sondrup Jens	00:32:31	Signe Meiners Lau	00:23:41	Pernille Kjær	00:25:06	01:21:16
19	611	Virklund Skole 4. - De sorte negle	Lise	00:24:54	Sarah	00:27:09	Kamilla	00:30:24	01:22:27
20	632	Gjessø SFO 4	Astrid Kirstine Banke	00:29:54	Mette R. Pilgaard Jensen	00:23:56	Anni S. Tarbensen	00:29:29	01:23:18
21	90	Gjessø SFO 5	Mathilde G. Christensen	00:29:52	Mia Høj	00:26:52	Sofie M.p. Hansen	00:30:30	01:27:13
22	608	Virklund Skole 2. b - Lynet	Johanne	00:28:05	Christine	00:32:18	Cecilie	00:27:19	01:27:40
23	592	De seje...	Line Benn Feder	00:29:03	Jakob Benn Feder	00:26:39	Frederikke Døllerup Kjær	00:32:03	01:27:44
24	605	The chillipeppers	Julie Sørensen Brunsgaard	00:37:56	Jillie Knorborg	00:28:16	Julie Dons Sørensen	00:22:57	01:29:08
25	401	Gjessø SFO 1	Emma Søndergaard	00:28:22	Maggie D. Pedersen	00:31:58	Kamilla Wolf Madsen	00:30:54	01:31:13
26	615	Virklund Skole 5. a - Skovspurve	Sara	00:21:57	Lærke	00:33:57	Birgit	00:38:30	01:34:23
27	614	Virklund Skole 4. b - De dovne grise	Laura	00:27:10	Frida	00:35:41	Ida G.	00:33:08	01:35:58
28	610	Virklund Skole 3. b - Leopardtøserne	Isabella	00:28:30	Asta	00:31:04	Maria	00:39:52	01:39:24
29	607	Virklund Skole 2. a - Grinebidderne	Frida	00:36:43	Kirsten	00:26:47	Agnes	00:35:57	01:39:25

Almindsø-stafetten 2009

3 x 4 km Børn : Piger 12-14 år

Nr	HoldNr	Holdnavn	1. løber	0 - 4 km	2. løber	4 - 8 km	3. løber	8 - 12 km	Total
1	624	SAK 77 P2	Nanna T Andersen	00:17:54	Thea Seindal	00:20:47	Mette Jertrum	00:18:31	00:57:12
2	629	Turbotazerne	Julie Krath	00:19:46	Sara Flindt Nielsen	00:20:38	Kamille Hust	00:19:26	00:59:49
3	630	Virklund Skole 6. b - Virklund Superflyers	Stine	00:19:24	Anne	00:19:16	Sofie	00:21:22	01:00:01
4	626	Silkeborg P&D 7	Emma Stengaard Jørgens	00:19:28	Astrid Skytte Filyo	00:21:38	Nana Møldrup Okkels	00:19:36	01:00:41
5	623	SAK 77 P1	Anne Catrine Dyhr	00:19:09	Luna Richard Kristensen	00:21:26	Ida Stube	00:21:05	01:01:38
6	627	Silkeborg P&D 8	Johanne Toth Mouritzen	00:20:53	Martine Roslev	00:21:03	Nanna Andrea Dyrbye	00:22:25	01:04:20
7	628	Team HEC.	Emma Tejsner	00:20:30	Helene Lentz	00:23:15	Caroline Høgild	00:20:51	01:04:35
8	621	Girl-power	Helene Højbjerg	00:20:58	Sarah Dyreborg	00:21:05	Lise Granup	00:25:19	01:07:22
9	631	Virklund Skole 7. y - Hyper køerne	Karoline	00:25:21	Line	00:20:30	Sissel	00:22:18	01:08:08
10	620	De Seje Sejs Piger	Maria Theilgaard	00:24:35	Emma Vidsted	00:21:54	Emma Vestergaard	00:21:58	01:08:27
11	619	Bryrup tøsene	Emilia Oksfeldt Damholm	00:23:14	Mie Nørmark Heden	00:23:04	Aila Jørgensen	00:23:24	01:09:41
12	625	Sejs-piger	Amalie Sanggaard	00:23:28	Maria Aaby	00:24:02	Frida Sanggaard	00:22:27	01:09:56
13	622	Prinsessesene	Emilie Aagaard	00:26:24	Julie Assenholm	00:30:13	Sofie Lauritzen	00:22:26	01:19:02